



PATIENT KIT AND GUIDE



1AXe

Wearable Biosensor



HOLTER MONITORING MADE EASY

You have been prescribed a Holter diagnostic test to continuously record your ECG, or your heart's electrical activity. After completing the procedure, return the Biosensor to your clinical facility where the recorded ECG data will be retrieved. The data is then analyzed, and a report created for your physician to review.

WHAT'S COVERED:

A



APPLY THE BIOSENSOR

Simple steps to apply the Biosensor

B



USING THE HOLTER DIARY

Record symptoms using the Holter Diary.

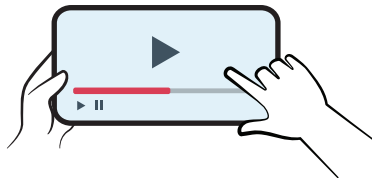
C



REMOVE THE BIOSENSOR

At the end of the procedure, remove your Biosensor

WATCH INSTRUCTIONAL VIDEO



Scan this QR code to watch a video of these instructions

OR



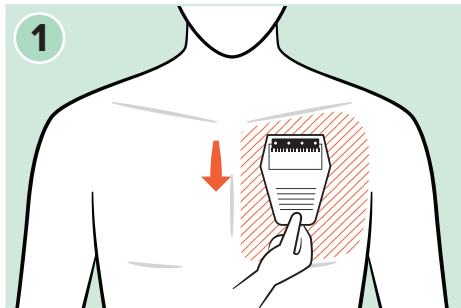
1AXe UbiqVue Patient Kit

Search for "1AXe UbiqVue Patient Kit" on YouTube



BIOSENSOR APPLICATION

1



SHAVE CHEST HAIR

If required, shave entire left side of your chest using the razor provided.

GALLANI
DISPOSABLE PREP RAZOR

LOT: 9-12026
MFG. DATE: 01-2026 EXP.: 12-2030

NDC 68599-5807-1

McKESSON

Benzalkonium Chloride Towelettes

ANTISEPTIC | GERMICIDAL | STERILE
Helps prevent the risk of skin infection.

Store at 59–86°F (15–30°C). Contents
STERILE in unopened, undamaged package.
Not made with natural rubber latex.

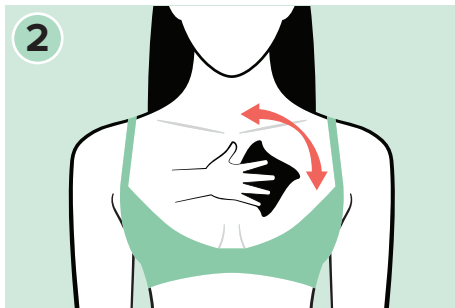


DO NOT REUSE

STERILE

MFR # 269

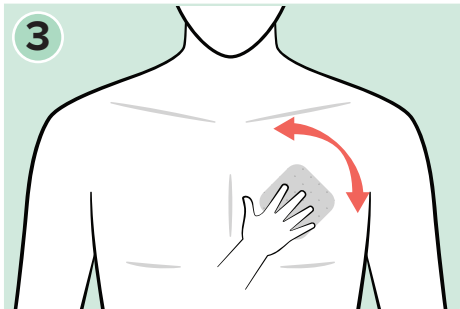
2



PREPARE SKIN

Use the disinfectant wipe to clean the chest area.

3



PREPARE SKIN

Dry the chest area with the cotton pad.



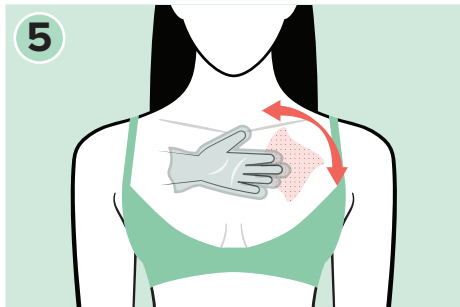
4



APPLY ADHESIVE

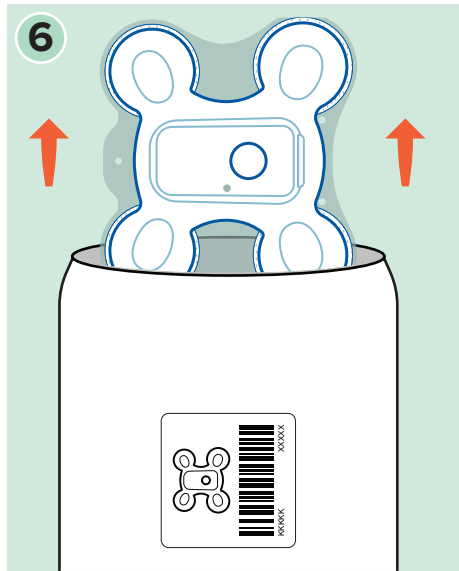
Put on the gloves provided before using the sticky adhesive wipe.





APPLY ADHESIVE

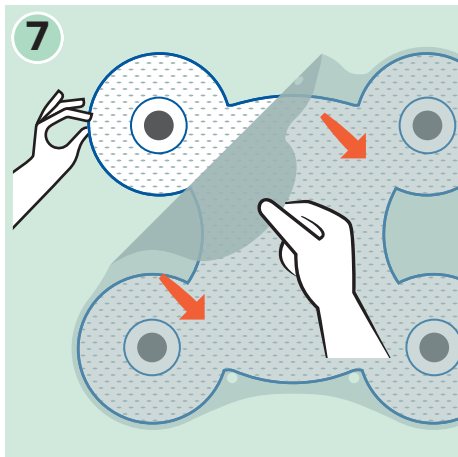
Rub the adhesive wipe on the chest area and wait until the skin is completely dry.



UNPACK BIOSENSOR

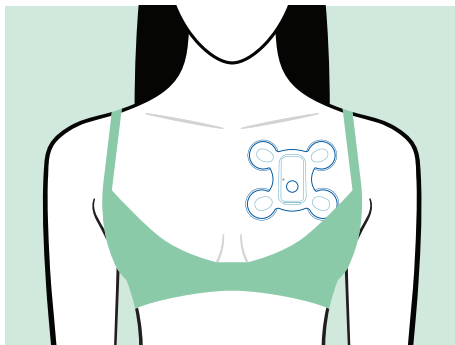
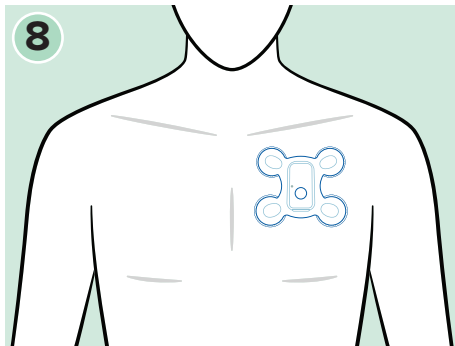
Remove the Biosensor from the silver pouch.





PEEL BACKING FILM

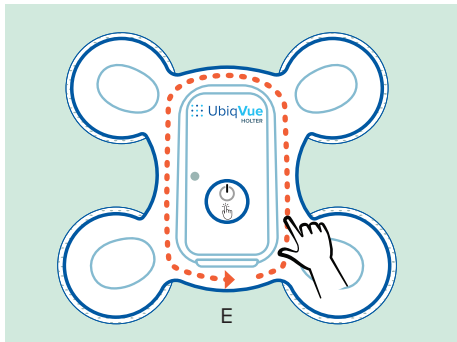
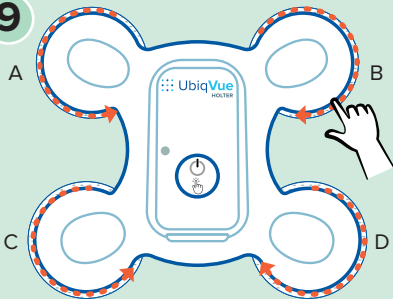
Slowly peel off the Biosensor backing film, starting from one corner.



APPLY BIOSENSOR

Stick the Biosensor on the chest area, below the collar bone, left of the sternum.

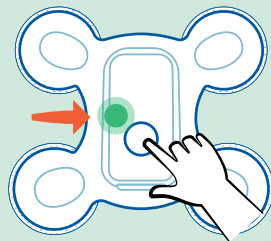
9



STICK BIOSENSOR TO SKIN

Press down firmly along the dotted lines with your finger, repeating the steps 10 times.

10



START THE PROCEDURE

Press the button on the Biosensor and start the procedure. A green light will start to flash.

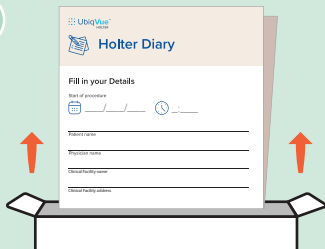


After Biosensor application, limit your activities for at least one hour so it can fully adhere to your skin.



Keep this guide until the end of the procedure.

11



UNPACK THE HOLTER DIARY

Find the Holter Diary inside the box.

12



FILL IN YOUR DETAILS

Record the date and time you turned on the Biosensor, together with your name, physician and clinical facility details.

The Holter Diary helps in recording any symptoms you may experience during the procedure.

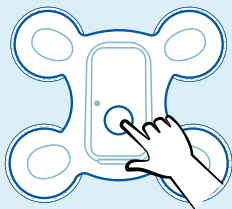


Keep the Holter Diary with you until the end of the prescribed monitoring session.



RECORD SYMPTOMS ON THE HOLTER DIARY

1



PRESS THE BUTTON ON THE BIOSENSOR

To record symptoms, press the button on the Biosensor.

2

Date: 04 / 04 / 2025

Time: 11:00



FILL IN THE DATE AND TIME

Record the date and time of when the Biosensor button was pressed.

3

SYMPTOMS

Mark any symptom you are feeling. Select one or more.

Anxious	Dizziness	Weak	Tired	Heart Racing	Heart Flutters	Palpitations	Discomfort	Pain	Short of breath
☐	☐	☐	☐	☐	☐	☒	☒	☐	☐
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐



RECORD YOUR SYMPTOMS

Mark one or more boxes with the symptoms you were experiencing. Mark 'Pressed by Mistake' if the Biosensor button was pressed by mistake.

4

Resting	Walking	Exercise
☐	☒	☐
☐	☐	☐
☐	☐	☐



RECORD THE ACTIVITY

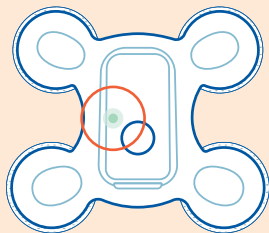
Mark one circle with the activity you were involved in when you experienced the symptoms.



BIOSENSOR REMOVAL

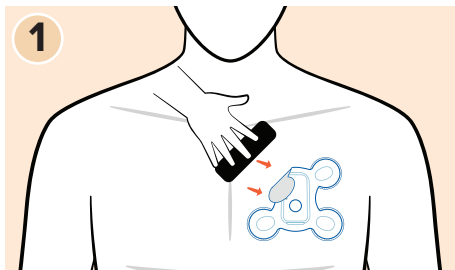


Remove the Biosensor only after the procedure is complete.



The green light on the Biosensor will stop flashing when the procedure is complete.

1

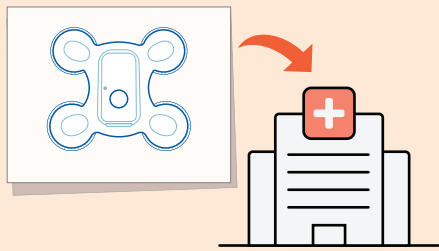
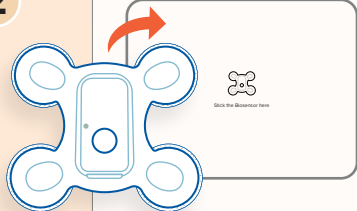


PEEL OFF THE BIOSENSOR

Slowly peel off the Biosensor starting from a corner. Rub the Remover Wipe on the skin while peeling the Biosensor.



2



RETURN THE BIOSENSOR

Stick the Biosensor on the space provided in the Holter Diary and return to your clinical facility.

REF

UC1251-PK



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Milpitas, CA 95035, USA
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EC REP

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Doc: 100002116B – February 2025